



LIFEWAY LITE

APRIL 16, 2023

Ice breakers

What is your least favorite chore? Favorite chore?

What was the best part of this last week? What was the hardest part?

Main Idea

Jesus set the example of living for eternity and prioritizing rest and prayer. Since Jesus knew His purpose, He was able to say no to everything else. As the world continues to tell us to live for ourselves, we need to follow Jesus to discover our own purposes.

Weekly Challenge

Devote Daily- This week, send your group what you are reading in the Bible and what God is teaching you!

Key Verses- Mark 1:35-39

Before daybreak the next morning, Jesus got up and went out to an isolated place to pray. Later Simon and the others went out to find him.

When they found him, they said, "Everyone is looking for you."

But Jesus replied, "We must go on to other towns as well, and I will preach to them, too. That is why I came." So he traveled throughout the region of Galilee, preaching in the synagogues and casting out demons.

Discussion Questions

- 1) What does the world say about purpose?
- 2) Jesus continues to retreat to pray, despite others wanting to see Him. Why does He do this?
- 3) Have you made rest and prayer a priority? If yes, how? If no, why not?
- 4) What does it look like to be dependent on God?
- 5) How can you tell if you are living for eternity or living for the temporary?
- 6) Dig Deeper- If somebody had the opportunity to watch your life, what would they say your purpose was?
- 7) Dig even deeper-To start discovering your purpose, Pastor Josh said that we need to value rest and eternal rewards. What can you start doing or stop doing in life to do this?